



ANNUAL REPORT

JUNE 2009 – MAY 2010

2010 PRESIDENT'S ANNUAL REPORT

This year for CAPD has been exciting and rewarding on many fronts.

CAPD welcomed 3 new Board members including Glenn Van Doorne, Alfonso Mejia and Jaime Mejia as well as Public Relations committee member Maysan Abu-Hakima and Project committee member Laurel Bridges.

In January the CAPD Board met with facilitator Doug Bouey, of Catalyst Strategic Consultants, to strategically plan for its future. With his help the Board was able to establish its priorities for the upcoming year.

CAPD also successfully completed two spectacular fundraising events – a golf tournament in July of 2009 and a fiesta in February 2010 which included a terrific dinner, live music from Sabrason and a silent auction. Please read the Public Relations Committee report for all the details.

Glenn Van Doorne and his wife Maysan Abu-Hakima are sponsoring an education program for school age children in Colombia that will see associated costs paid for children to attend school.

As well this year, CAPD has successfully completed two capital campaigns for FANDIC, one of our Colombian Community Partners. The campaign to raise \$17,000 to purchase a used van has been completed with the help of private donors and the Alberta Government Community Initiatives Program. The van has been purchased and is now happily transporting FANDIC clients around Bucaramanga.

Our second campaign, to raise \$50,000 for a new Learning and Therapy Centre for FANDIC is nearing completion. We were able to send FANDIC \$35,000 which they used to purchase a house and to initiate renovations that include constructing a second floor. Please read the Project Committee report for the details on these exciting initiatives.

CAPD continues to work constructively with local partners including the Alberta government's Community Initiatives Program, Mount Royal University, Legacy Kitchens and Rotary Clubs of Calgary South and Calgary West.

A final note, I will be resigning my position on the CAPD Board effective May 10th, 2010. I would like to thank Marlene for continuing to provide the leadership and vision that ensures CAPD endeavors are making a difference in the lives of many, many people. As well I would like to thank and acknowledge the time, energy and commitment of the CAPD Board, committee members and all of CAPD volunteers. Without these contributions we would not be making the tremendous impact we see today.

Sincerely,

Craig Baskett,
Chair, CAPD Board of Directors
May 2010

MANAGING DIRECTOR ANNUAL REPORT

HIGHLIGHTS FROM THE PAST YEAR

This year CAPD was pleased to offer two new initiatives for low-income families in Colombia, the *Green Light Education Support Program* and the *Safe Water for Families Project*.

Green Light Education Support Program

This educational support program was initiated with the financial support of CAPD's Vice President, Glenn Van Doorne. The objective was to encourage students to complete high school by assisting them to access a lunch program, and providing them with uniforms, shoes and school supplies. A part time program coordinator, Rocio Nuñez, was hired in November 2009 to develop and implement the program. FANDIC, one of our community partners, took responsibility for financial transactions.

The program began in February 2010. Sixty-eight children received day and sport uniforms with shoes, and school supplies. One hundred and ninety-five children accessed the lunch program at the school restaurant. The cost of the program in its first year was \$25,000.

Safe Water for Families Project

Bob Wiens, CAPD Treasurer, has paved the way for this project by providing training to ASODISPIE on BioSand filter construction in 2008 and on installation in 2009. The program is due to begin in the latter part of 2010.

Other Projects

Please refer to the reports provided by the Project Development and Evaluation Committee, and the Public Relations Committee for further details of our activities throughout the year.

Acknowledgements

Our thanks to:

Craig Baskett, President since 2008, for his commitment to CAPD. Besides serving as President, he was the Chairperson for the Public Relations and Audit Committees, and our Web Volunteer. Craig initiated the fundraising campaign centered on the Calgary River Pathway Cleanup and his wife, Eva, raised funds through recycling and the sale of snacks at her place of work. Craig and Eva are off to Latin America for a one-year adventure. We wish them safe travels and look forward to their return.

The AB Government **Community Initiatives Program** (formerly the Wild Rose Foundation) for providing matching funds of \$7000 for FANDIC's van. Other major contributors to the van were Howard and Janet McLean, and Todd and Laura Hughes.

The **Rotary Club of Calgary South** for donating \$5000 toward the purchase of FANDIC's Learning and Therapy Centre.

The **Rotary Club of Calgary West** for donating \$5000 for purchase of equipment for FANDIC's new Centre.

Doug Bouey, of Catalyst Strategic Consultants Ltd, for donating a portion of his time to facilitate a strategic planning session with Board members.

Tom McLaughlin, of Digital Smiles, for serving as CAPD's new web volunteer.

Respectfully Submitted,
Marlene Wiens
Managing Director
May 2010

RESEARCH COMMITTEE REPORT

Last year the Research Committee consisting of Chantal Camden (chair), Nina Hrycak and Marlene Wiens kept working toward its purpose, which was to develop and assist in research activities with our partner associations in the field and in the publication &/or dissemination of information as per our mission statement. The committee has not met formally but exchanged various email to follow up on projects.

Fandic's project of systematization led to an article (submitted to Global Health Promotion) and a poster presentation at the Community Based Rehabilitation conference in Mexico. Both Fandic and Asodispie completed their evaluation reports regarding, respectively, the nutrition and dance project, and the intervention plan's project. Chantal realized some activities of capacity-building and data collection on outcomes of these activities in the context of her evaluation certificate at Montréal University. She will present results at a conference on international health in Montréal in June 2010.

New possibilities of research projects were discussed, including the possibility to develop a nutrition / moringa project. A grant application was presented.

Respectfully submitted,

Chantal Camden
Chair, Research Committee
May 2010

PUBLIC RELATIONS COMMITTEE REPORT

The Public Relations Committee consisting of Marlene Wiens, Craig Baskett, Dr. Nina Hrycak, Dr. Maysan Abu-Hakima, Blanca Landsiedel, Nohora Barragan and Alfonso Mejia (Chair), are pleased to provide the following report on activities from the past 12 months.

Public Relations Activities:

Van for FANDIC: A fundraising drive was initiated a year ago and today FANDIC is enjoying a nice van to help with transportation requirements. The WRF provided matching funds of \$7000.00 to the \$10,000 raised by CAPD in 2009 for a total of \$17,000, and a used Hyundai Grace GI-HI 2002 12-passanger van with 114,000 km was purchased in 2010. The van will provide transportation for children with disabilities and their families to participate in therapies, recreational and cultural activities, and for community workers to reach families who live in zones distant from the FANDIC centre.

Fundraising in 2009/10

- CAPD Annual River and Pathway clean had 23 participants and raised \$1940.00
- New Learning and Therapy Centre for FANDIC Fund stands at \$34,471. These funds were raised in from:
 - Golf tournament at Boulder Creek golf course with 60 golfers that raised \$18,187.00
 - Thelma Wagner's casita project that raised \$2989.14
 - Rotary Clubs of Calgary South and West each provided \$5000 for a total of \$10,000
 - Legacy Foundation which donated \$1000.
- Book sale raised \$607.00
- Gala Dinner and Dance had 150 guests and raised \$4,760.

Respectfully submitted,
Alfonso Mejia, PR Chair
May 2010

PROJECT DEVELOPMENT AND EVALUATION COMMITTEE ANNUAL REPORT

Committee Members:

Marlene Wiens (chair), Laurel Bridges, Rashmi Dhaubhadel, Chantal Camden, Jaime Mejia, Nilima Parikh, Glenn Van Doorne,

FANDIC, Colombia

The Project Committee approved funding for the following programs in FANDIC for 2010:

Nutrition (includes daily snacks for children, bakery, grocery co-op)	\$5,734.00
Recreation (includes folk dance group and painting)	\$3,067.00
Bronwen adapted technologies program (specially constructed equipment)	\$ 273.00
Total	\$9,074.00

FANDIC Program reports from 2009

Nutrition Program Results

- Results of a nutrition evaluation on 26 children were as follows: 4 were within normal parameters, 5 were underweight, 7 had stunted growth, 4 were overweight and 6 were malnourished. Factors affecting nutrition are swallowing dysfunction, poverty and family dysfunction.
- Nutritious snacks were prepared on a daily basis and distributed to 33 children for 171 days.
- Eleven training seminars were given to 14 mothers on cooking balanced meals, proper hygiene and preparation of various dishes.
- Bakery: women baked on 26 occasions producing an average of 215 buns per occasion.
- Children improved their hygiene practices
- Mothers began a grocery co-operative in which bulk items were repacked in small packages and sold. Between October and December they sold 103 grocery packages.

Dance Program Results

Twenty-two children were registered. They had 14 dance classes, 45 practice sessions, learned 7 new dances and gave 12 presentations. The children improved their body image, posture, rhythm, coordination, equilibrium, body expression, socialization, concentration and exercise tolerance.

Bronwen Adapted Technologies Program

With the assistance of university students from the Universidad de Santander (UNDES), FANDIC adapted two strollers and built a stroller tray for each, and built three pieces of equipment for their therapy program: a standing table, a swing chair used for relaxation of muscle tone and a swing horse for balance training.

ASODISPIE, Piedecuesta

The Project Committee approved funding for the following programs in ASODISPIE for 2010:

Health and rehabilitation program	\$19,645.00
Painting program	\$ 3274.00
Bronwen adapted technologies (includes 1 modified stroller)	\$ 709.00
Filter project	\$ 1400.00
Total	\$25,028.00
Application to AB Community Initiatives Program matching grant for purchase of property for ASODISPIE Centre	\$25,000.00

Program reports from 2009

Health and Rehabilitation program results submitted by physical, occupation and speech therapy and psychology:

- They developed 10 interdisciplinary action plans with the clients.
- They facilitated the integration of 4 children into the public school system
- They made 38 home visits, provided 2136 sessions of therapy, and engaged in 46 workshops and activities.
- They assisted the Piedecuesta Technical Assistance program in locating people with disability and distributing technical aids provided by the city.
- They collaborated in a micro business development project in ASODISPIE.

Painting Program results

Twenty-eight students improved their painting skill and creativity at one of three painting classes being offered. They improved their manual dexterity, concentration and behaviour; demonstrated more confidence in mixing colors, design, and texture; and gave 3 painting expositions.

Bronwen Adapted Technologies Program

Thirty-four adaptations were made: 15 modifications for wheelchairs, 7 custom chairs, and 12 personal equipment items. People involved in the construction were 25 family members, 8 volunteers and 4 professionals.

Respectfully submitted,

Marlene Wiens

Project development and Evaluation Committee Chair

May 2010